



The Lighthouse Therapeutic Community

The Lighthouse is a dedicated community of male parolees and AB109 committed to not only getting out of prison, but staying out of prison, and getting the prison out of us. We are a peer driven Therapeutic Community supported by staff who teach with their own experiences and education. The Lighthouse focuses on: behavior modification, family reunification, emotional and vocational education and community reintegration. The Lighthouse provides a sanctuary for those who are tired of the vicious cycle of addiction, incarceration and degradation. This is a place for those who are serious about changing their lives and are willing to do the work. We would like to welcome you to a new way of life as we are the family of choice for each other and support each other through this process of change.

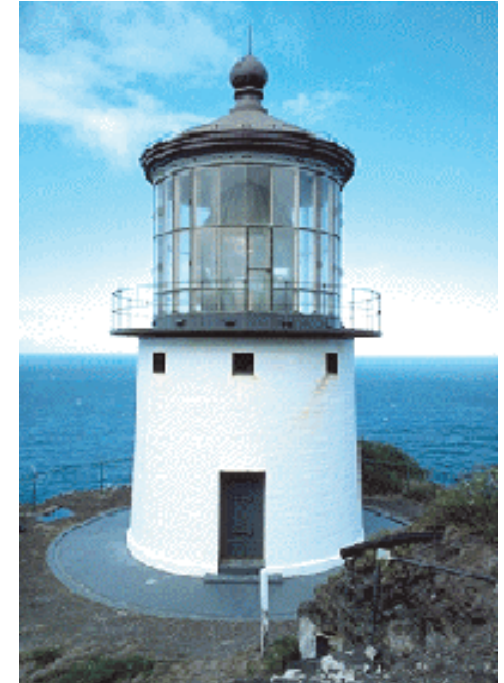


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The Lighthouse Community

“The Beacon of Hope”



Changing Lives

Healing Families

Strengthening Communities

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*A Project of
Healthcare Services Inc.*

Testimonials

My treatment has been revealing, healing, and carried out with care and concern.

Robert M.

The Lighthouse is a great place, the counselors are great. All and all I could not have made a better choice.

Wes A.

The staff here at the Lighthouse have been where we are going!

Johnny H

Lighthouse gave me an opportunity to take responsibility to improve my own condition.

Victor P.

The Lighthouse is a great place to come if you are sick and tired of being sick and tired.

Tim R.

I've been in & out of prison for 20 years. The Lighthouse is my Family. It is giving me my life back. Learning how to be honest and stay true to myself. Life is good out here!

Robert V.

I do what I Love and Love what I do!

Laura G.

Lighthouse has given me the opportunity to get my life and my family back.

Mike G.

The Lighthouse is your Best opportunity at a new way of Life. If your Hungry, Come and eat up all the Recovery you can!

Marty M.



This program is saving my life, and I'm very grateful.

Mark J.

The Lighthouse is a program like no other. Simply responsible for saving lives.

Lonnie B.

Hard to put into words, My Life has been one Miracle after another.

Joe B.

Aspects of our TC Community Program

If you are a parolee or AB109 in San Diego County and your ready to change the cycle of recidivism, addiction, and criminal behavior, here at the Lighthouse we are dedicated to the process of changing the lifestyle that leads us back to prison. We provide an opportunity to reintegrate into our San Diego community with a life of integrity, dignity and recovery.

- Substance Abuse Education and Relapse Prevention
- Literacy Training referrals
- Medical & Dental referrals
- Anger Management
- Employment Development / Job Placement services
- Individual and Group Counseling
- Life Skills / Vocational Pre-employment Development
- Cognitive and Parenting Skills
- Co-Occurring Integrated Recovery
- Transition to Sober Living services

Excluded Parolees

- No Registrants per pc290 (sex)